

APEX NEWCOMERS & FRIENDS CLUB

www.apexnewcomers.org

MARCH 2010

Apex Newcomers & Friends Club (ANFC) is a not-for-profit social organization. ANFC promotes interest in local, civic, cultural and service programs. General Meetings are the second Wednesday of each month (September through May) at the C. C. Jones Building on Holleman Street, in Apex, at 9:30 a.m.

Prospective members are welcome to try two visits to any function before joining. The annual non-refundable dues are \$25.00 per year plus a donation of \$2.00 each meeting to help defray the cost of hospitality and building use.

SPECIAL: Bring a friend to the general meeting & receive two entries into our door prize drawing!!

PRESIDENT'S MESSAGE

Did you ever wonder about the origins of your family? Did they come over on the Mayflower? Did they travel through Ellis Island or were they here when the settlers arrived? Come join us at the March meeting as we discover how to uncover the mysteries of our humble beginnings and how to piece together our family pasts and put them into our present. It will be an interesting meeting of self-discovery. Be there March 10th.

Also don't forget that April is just around the corner. Our auction will be here before you realize it, so search those closets and cupboards for any slightly used or old items. Take a letter to solicit our area merchants and restaurants and help make this endeavor a success.

As Always
Esther T., President

AUCTION, AUCTION: Solicitations are a little slow. Some may have forgotten to obtain a letter that should be presented to any sponsor that is asked to give a donation. If you need a copy of that letter, you can e-mail me at eles56@bellsouth.net I will be able to forward you the copy of the letter that you can print and present to a donor.

SUPPORT OUR TROOPS!!!! A gentle reminder from one of our members to wear red on Fridays as a way to show support to ALL our military personnel that served our country during their lifetime.

ATTENTION!!! Clarification on the \$2.00 monthly fee: bringing in food for hospitality OR bringing items for Western Wake Crisis Ministry **does not eliminate the need to pay the \$2.00 fee.**

SUGGESTION BOX: Ideas for charitable contributions should also be presented to the Board for consideration. After going over all the requests, the Board will consider several and present them to the members for final approval.

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IT IS YOUR RESPONSIBILITY TO CALL THE COORDINATOR TO CANCEL ANY ACTIVITY THAT YOU HAVE SIGNED UP FOR

PROGRAM Coordinator: Peggy E. 302-6342 and Steve H. 362-4459

The program for March will be Dick English. He is very interested in genealogy. Hopefully he will give us some ideas on how to search for long lost relative or on how to make up a family tree.

PROGRAM SUGGESTIONS: You are invited to make suggestions for upcoming programs. Please feel free to give these suggestions to any one of the officers of the club, and they will be forwarded to the Program Chairperson/s

COMMUNITY OUTREACH

Western Wake Crisis Ministry: Coordinator: Kate D. 303-3779

Donations of canned goods, PAPER PRODUCTS, individual size lotion, shampoo, soap (from hotels/motels, etc.), grocery store gift cards are all very much appreciated. WWCC no longer can process coupons.

Red Cross: Kate D. 303-3779 **VOLUNTEERS ARE NEEDED**

Our Newcomers & Friends Club provides two volunteers on the first Friday of each month to work as a Greeter or in the Canteen at the Cary Blood Center, 3700 Regency Parkway. The work hours are 7:40 to 10:30. Donors are always needed. Please call 231-1602, Ext. 422 for an appointment. Walk-ins are accepted.

Please sign up for Red Cross coverage for the upcoming months.

March Volunteers: Wendy B. and Gail O'M.

BOOK CLUB Coordinator: Pat C. 387-3655

Mar. 19th @ MaryEllen S. 1:00 PM. NOTE THE CHANGE OF HOSTESS

The books selected for this month are *Restless* by William Boyd and/or *Playing the Enemy: Nelson Mandela and the Game That Made a Nation* by John Carlin (movie is entitled *Invictus*).

BOOK EXCHANGE Coordinator: Billie S. 363-1942

Check out the "box of books" at the next meeting and bring your discarded books to share with the group. Remember, you do not have to return them; you just take them, share and enjoy. If you have found a hard cover book you really enjoyed and like to share, feel free to bring it.

BREAKFAST Coordinator: Margaret DeB. 362-6218

Mar. 12th @ 9:15 at Cary Café, 904 NE Maynard. The time is 9:15 AM.

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BOLIVIA (AM GROUP) Coordinator: Eleanor S. 363-5490

Mar. 2nd Host: Judy Ep.

Mar. 16th Host: Gay G.

Mar. 30th Host: Eleanor S.

BOLIVIA (PM GROUP) Coordinator: Kate D. 303-3779 (Meets 1st, 3rd, & 5th Wednesdays) at 1:00 pm

Mar. 3rd Host: Elaine C.

Mar. 17th Host: Judy L.

Mar. 31st Host: Kate D.

DINNER - Nancy E. 303-4868 Reservations required

Mar. 25th at 6:30 pm. @ Biaggi's in Cary

GAME NIGHT Coordinator: To be announced at the monthly game night.

Mar. 27th @ 7:30 PM Host: Ann G. 372-1568

GARDENING: Coordinators: MaryEllen S. 387-8474 and Betty S.

At the March meeting there will be a box for you to insert a 3X5 index card. Fill out as many as you like and put down ideas of what you would like to see or do next year.

We will have an outing in April.

LUNCH Coordinator:

We are in need of someone to take over lunches.

MEN'S NIGHT OUT Coordinator: Tony P. 303-4868

Mar. 5th @ 6:30 pm. Host: John M.

The following are ready to play: Tony, John, Howard, Bob L. and Bob W.

Please call two days prior to event. Spouses usually go to the movies and finish the night with refreshments at the host's home.

MOVIES Coordinator: **Betty S. 1-914-980-3063**

CARING & SHARING Coordinator: Judy Elz.. 387-6086

HOSPITALITY Coordinator: Anne G. 372-0568 and Carolyn C. 303-8190

The following people are scheduled for refreshments for March:

Helen R., Mary Lynn K., March Sch., Clara G., Martha S., Shirley H., Mary D. and Barbara K.

TREATS & TALENTS Coordinator: Sandy V. 467-9927

Mar. 26th at 10:00 am. Hostess: Marcy S. Phone: 267-4083

Program: Easy Healthy Snacks for Kids & Adults

MARCH BIRTHDAYS:

Mar. 3rd - MaryEllen S.

Mar. 6th - Wendy B.

Mar. 9th - Veronica C.

Mar. 11th - Esther T.

Mar. 21st - Shirley L.

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NEXT BOARD MEETING

Mar. 17th @ 9:30 am. Host: Kate D.

INCLEMENT WEATHER POLICY

In the event the Wake County Public Schools are closed or have a delayed opening due to weather conditions on the day of a meeting, the meeting will be cancelled.

SPONSORS

Abloomin' Garden Florist: Each month Abloomin' Garden Florist on the corner of Hwy. 55 and James Street will provide a floral arrangement.

Apex Chamber of Commerce. Thank you to the Apex Chamber of Commerce for their continued support; your one stop for Apex information. The Apex Chamber of Commerce, located in the **Historic Trail Depot**, at **220 North Salem Street** has the map of Apex and the Raleigh, Durham and North Carolina maps. They have a calendar of events for the state as well as the town of Apex. Along with apartment guides, the Apex Community Guide has a wealth of information including the history of Apex, and a quick reference section with telephone numbers to everything needed to get started in Apex. Local newspapers are also available! All information at the Chamber is free! Visit their website at: www.apexchamber.com or come visit and find out more about the town you now call home. Apex Newcomers & Friends Club, c/o Apex Chamber of Commerce, 220 N. Salem Street, Apex, NC 27502

SMOKED SALMON SPREAD (compliments of Shirley H.)

6 oz. smoked salmon	1 pkg. cream cheese, softened
2 TBL. butter, softened	½ tsp. Tabasco sauce
1 tsp. lemon juice	2 Tbl. Coarsely chopped purple onion

Garnish with capers and green onions.

Pulse first 6 ingredients in a food processor until salmon is coarsely chopped. Stopping to scrape down sides. Put into bowl, cover and chill for at least 2 hrs. or overnight. Garnish is esired.

Serve with celery sticks o assorted crackers. Makes 1 cup.

Enjoy. Bon Appetit!!!!!!

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Bolivia 9:30am	3 Bolivia 1:00 PM	4	5 Red Cross Mens' Nite 6:30 pm	6
7	8	9	10 General Mtg. 9:30	11	12 Breakfast 9:30 am	13
14	15	16 Bolivia 9:30am	17 Exec. Mtg. 9:30 am Bolivia 1:00 PM	18 Garden Trip	19 Book Club 1:00	20
21 Movies	22	23	24	25 Dinner 6:30 pm	26 Treats & Talents 10:00	27 Game Nite 7:30 pm
28	29	30 Bolivia 9:30am	31 Bolivia 1:00 PM			

APRIL 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Red Cross	3
4	5	6 Bolivia 9:30am	7 Bolivia 1:00 PM	8	9	10
11	12	13 Bolivia 9:30am	14 General Mtg.	15	16	17

