

APEX NEWCOMERS & FRIENDS CLUB

www.apexnewcomers.org

FEBRUARY 2009

Apex Newcomers & Friends Club (ANFC) is a not-for-profit social organization. ANFC promotes interest in local, civic, cultural and service programs. General Meetings are the second Wednesday of each month (September through May) at the C. C. Jones Building on Holleman Street, in Apex, at 9:30 a.m.

Prospective members are welcome to try two visits to any function before joining. The annual non-refundable dues are \$25.00 per year plus a donation of \$2.00 each meeting to help defray the cost of hospitality and building use.

SPECIAL: Bring a friend to the general meeting & receive two entries into our door prize drawing!!

PRESIDENT'S MESSAGE

First, I apologize for the January meeting running overtime. Actually, it was only 15 minutes longer. I found the presenter very informative and felt that it was more important to let people ask questions than to ask that she terminate her talk.

Anyway, Steve and I received a phone call early on January 17th. His oldest sister has passed away during the night in a nursing home in Connecticut. She had been in a nursing home for six years. She was eighty-four years old. In talking with one of Steve's sisters, we were able to set the time of early stages of Alzheimer's disease to eight or nine years ago. Many of the early symptoms mentioned by the presenter at our meeting were recognized in retrospect. It is probably a good idea to try to be aware of changes taking place in our lives and have someone near to us let us know if they recognize changes in our behavior.

It was good to have a few men attending our meeting. Please keep coming. We are trying to have speakers that will be interesting and informative in a variety of topics. Suggestions are always welcome.

Again, I appreciate all the work that you do to keep the club going and the members involved. Everyone is important and you all have something to contribute. All your suggestions have been discussed at our Board Meetings.

Thank you to all who have volunteered to sew for Apex High School Drama Club. These young people always put on excellent performances. All are welcome to come to their plays. It is heartening to see so many of our teenagers putting so much effort into their plays. They are truly enjoyable. If you cannot sew, any donation toward materials would certainly be appreciated.

I'm sure we all are looking forward to warmer weather!! Next month we will listen and hopefully learn how to create stunning gardens!!! See you then.

Eleanor H., President

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IT IS YOUR RESPONSIBILITY TO CALL THE COORDINATOR TO CANCEL ANY ACTIVITY THAT YOU HAVE SIGNED UP FOR

SUGGESTION BOX: Ideas for charitable contributions should also be presented to the Board for consideration. After going over all the requests, the Board will consider several and present them to the members for final approval.

TINS!! TINS!! TINS!! Keep saving the Christmas tins coming. Anyone needing those that are non-seasonal, please let Eleanor know.

PICTURES: When getting your newsletter on-line, check to see if the next item listed is for pictures for the past month. Bob posted pictures for the first time for our January newsletter. Hopefully it will be a "new" addition to our newsletter. Thanks, Bob.

ATTENTION!!! Clarification on the \$2.00 monthly fee: bringing in food for hospitality OR bringing items for Western Wake Crisis Ministry **does not** eliminate the need to pay the \$2.00 fee.

PROGRAM Coordinator: Peggy E. 302-6342 and Steve H. 362-4459
Rita Mercer of Rita's Garden will speak on how to garden in North Carolina soil. See her website at www.ritasgarden.net.

COMMUNITY OUTREACH

Western Wake Crisis Ministry: Coordinator: Kate D. 303-3779
Please continue to donate canned goods, rice, cereal, pasta and sauces, peanut butter, jelly or **paper goods** (like Kleenex, diapers, towels) to the Western Wake Food Drive. Bags of groceries are distributed to approximately 300 local families in need each month.

Red Cross: Kate D. 303-3779 **VOLUNTEERS ARE NEEDED**
Our Newcomers & Friends Club provides two volunteers on the first Friday of each month to work as a Greeter or in the Canteen at the Cary Blood Center, 3700 Regency Parkway. The work hours are 7:40 to 10:30. Donors are always needed. Please call 231-1602, Ext. 422 for an appointment. Walk-ins are accepted.

February volunteers: Kate D. and Jane W.

BOOK CLUB Coordinator: Pat C. 387-3655

Feb. 20th @ 1 pm Host: Pat E. 303-6715 Please call for directions.
Therese Fowler, a local Cary author, will speak to the group about her first book entitled "Souvenir". Hopefully, she will also discuss her newest book "Reunion", which will be released in April.

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GAME NIGHT Coordinator: Sharon W. 557-0626

Feb. 7th @ 7:30 pm. Host: Shirley & John H. 387-0368. If you need directions, please call.

BOOK EXCHANGE Coordinator: Billie S. 363-1942

Check out the "box of books" at the next meeting and bring your discarded books to share with the group. Remember, you do not have to return them; you just take them, share and enjoy. If you have found a hard cover book you really enjoyed and like to share, feel free to bring it.

MOVIES Coordinator: Betty S. 1-914-980-3063

Feb. 15th You will be notified of time and place.

BREAKFAST Coordinator: Esther T. 462-3689

Feb. 13th @ 9:15 AM @ Courtney's Restaurant on Lake Pine and Highway 64.

Hope everyone can join us.

LUNCH Coordinator: Dorothy L. 290-2803 Call two days in advance to reserve.

Feb. 26th @ 11:30 at Red Lobster in Crossroads. Carpool at 11:10 AM at Lowes Foods, Apex Peakway.

DINNER - Nancy E. 303-4868 Reservations required

Feb. 19th @ 6:30 pm Posta Tuscan Grille, Marriott City Center, 500 Fayetteville St., Raleigh 227-3370

MEN'S NIGHT OUT Coordinator: Tony P. 303-4868

Feb. 20 @ 6:30 pm. Host: Bob L. 387-8496

Please call two days prior to event. Spouses usually go to the movies and finish the night with refreshments at host's home.

BOLIVIA (AM GROUP) Coordinator: Eleanor S. 363-5490

Feb. 3rd: Host: Gay G. Feb. 17th. Host: Eleanor S.

BOLIVIA (PM GROUP) Coordinator: Kate D. 303-3779 (Meets 1st, 3rd, & 5th Wednesdays) at 1:00 pm

Feb. 4th Host: Elaine C. **Feb. 18th.** Host: Irma M.

TREATS & TALENTS Coordinator: Sandy V. 467-9927

Feb. 6th @ 10:00 AM Host: Marcy Craft: **BYOC** (Bring your own craft)

NEXT BOARD MEETING

Feb. 18 @ 9:30 am @ Kate D. 303-3779

CARING & SHARING Coordinator: Judy Elz.. 387-6086

Feb.2 - Eleanor S.

Feb. 4 - Shirley Mc

Feb. 5 - Lydia V.

Feb. 18 - Gloria N.

Feb. 20. - Barbara C.

Feb. 28 - Dianne H.

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FEBRUARY 2009

HOSPITALITY Coordinator: Irma M. 303-3192 and Anne G. 372-0568

Ladies please come at 9 a.m. to help set up and stay after the meeting to help clean up.

February volunteers are: Wendy B, Gail O'M, Martha S, Pat C, Eleanor H, Billie S, and Shirley H.

INCLEMENT WEATHER POLICY

In the event the Wake County Public Schools are closed or have a delayed opening due to weather conditions on the day of a meeting, the meeting will be cancelled.

SPONSORS

Abloomin' Garden Florist: Each month Abloomin' Garden Florist on the corner of Hwy. 55 and James Street will provide a floral arrangement.

Apex Chamber of Commerce. Thank you to the Apex Chamber of Commerce for their continued support; your one stop for Apex information. The Apex Chamber of Commerce, located in the **Historic Trail Depot**, at **220 North Salem Street** has the map of Apex and the Raleigh, Durham and North Carolina maps. They have a calendar of events for the state as well as the town of Apex. Along with apartment guides, the Apex Community Guide has a wealth of information including the history of Apex, and a quick reference section with telephone numbers to everything needed to get started in Apex. Local newspapers are also available! All information at the Chamber is free! Visit their website at: www.apexchamber.com or come visit and find out more about the town you now call home. Apex Newcomers & Friends Club, c/o Apex Chamber of Commerce, 220 N. Salem Street, Apex, NC 27502

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Bolivia 9:30 am	4 Bolivia 1:00 PM	5	6 Red Cross Treats & Talents 10:00	7 Game Nite 7:30
8	9	10	11 General Mtg. 9:30	12	13 Breakfast 9:30	14
15 Movies	16	17 Bolivia 9:30 am	18 Executive Bd. Meeting Bolivia 1:00 PM	19 Dinner 6:30	20 1:00 Book Club Mens' Nite 6:30 pm	21
22	23	24	25	26 Lunch 11:30	27	28

MARCH 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 9:30 AM Bolivia	4 Bolivia 1:00 PM	5	6 Red Cross	7
8	9	10	11 General Mtg. 9:30	12	13	14