

APEX NEWCOMERS & FRIENDS CLUB

P.O. Box 1164

Apex, NC 27502

www.apexnewcomers.org

OCTOBER 2019

Apex Newcomers & Friends Club (ANFC) is a not-for-profit social organization. ANFC promotes interest in local, civic, cultural, and service programs. General Meetings are the 2nd Wednesday of each month (September through May) at the C. C. Jones Building, 309 Holleman Street, Apex, at 9:30 a.m. Prospective members are welcome to try 2 visits to any function before joining. The annual non-refundable dues are \$25.00 per year plus a donation of \$2.00 at each meeting to help defray the cost of hospitality and building use. An additional fee of \$7.50 will be charged for those people requesting a copy of the newsletter be mailed to them. **SPECIAL:** Bring a friend to the general meeting and receive 2 entries into the door prize drawing!

PRESIDENT'S MESSAGE

Dear Newcomers and Friends,

Wow, what a wonderful first meeting we had in September. We had many interesting and enthusiastic visitors which netted a few new and returning members.

Thanks to all our new and returning committee heads for volunteering your time each month. Special thank you to Janice, our new treasurer, and Shirley L. our new membership co-chairperson for taking over your new positions.

Our next meeting is Wednesday, October 9th. Our meeting starts at 9:40 but please try to come early in order to get some refreshments. Most of all come early so you can see what trips, luncheon out or dinner out we are offering for the month. Also we have sign up then for game night and our volunteering days at Red Cross too.

Respectfully Submitted,

Roberta C

President

PROGRAMS/PUBLICITY Coordinator: Bette F.

Location: CC Jones Bldg, 309 Holleman St., Apex

Next meeting: Oct. 9 @ 9:30 A.M

Program: **Speaker from Better Business Bureau**

Topic: **Ten Red Flags for Seniors**

The following is a note from Long Range Planning Manager from the Town of Apex concerning a bus for the area:

We will actually be presenting study recommendations to the Apex Planning Board at 4:30 on Oct. 14th and the Apex Town Council at 7:00 pm on Oct 15th. Both meetings will be held at Town Hall (73 Hunter Street). Instead of planning on a separate presentation for Apex Newcomers and Friends at this time, I would ask that you encourage club members who are interested to attend one of the two scheduled presentations. That will really help us manage staff time as we prepare for Planning Board and Town Council. We will also be posting study recommendations on line at: <https://www.apexnc.org/201/Public-Transportation-Services-Plans>.

**APEX NEWCOMERS & FRIENDS CLUB
OCTOBER 2019**

FIRST VICE PRESIDENT FUNDRAISING: Marie H., Cheryl B. & Judy D
Save The Date - ANFC Annual Auction Fundraiser: April 8, 2020

PHOTOGRAPHY Coordinator: Linda W.
Anyone who is at a function, please feel free to take pictures.

SCRAPBOOKING Coordinator: Judy E.

SECOND VICE PRESIDENT MEMBERSHIP: Julia M. & Connie L.

As of our monthly meeting on Wednesday, Sept. 11, 2019 we had 60 members We had 8 guests to attend that day and 2 of those 8 joined. On that day, we had 2 additional people to join. This makes a total of 64 members. If our members have not gotten in touch with Bette F. to give her their emergency contact information, I am requesting that it be done very soon so that she can complete her work on this.

COMMUNITY OUTREACH

Western Wake Crisis Ministry Coordinator: Georgiana F.
We donated 40 lbs. of food this month and \$30. Thank you for your continued generosity.

Items needed:

Canned vegetables (no corn or green beans)

Canned fruit

Tuna fish

Soup - no tomato soup

Cereal - no Cheerios

Oatmeal

Body soap

Shampoo

Toothpaste

Beans - red. navy, baked, **no black beans**

Reusable shopping bags

Empty egg cartons

Red Cross Coordinator: Eleanor S. **Hours are 11:30 A.M. TO 3:00 or 3:30 P.M. (Canteen finishes at 3:30 P.M.)**

VOLUNTEERS ARE ALWAYS NEEDED

Our Newcomers & Friends Club provides 2 volunteers on the first Friday of each month to work as a Greeter or in the Canteen at the Cary Blood Center, 3700 Regency Parkway. You need to complete an application before volunteering the first time. New volunteers are asked to establish an Id on line. Specific instructions are provided under the sign-up sheet. Blood donors are always needed. Walk-ins are accepted. I have been reminded to please be sure you fill out an attendance sheet every time you work. Book and blank sheets are at the Greeter's desk.

from 11:30 to 3:00 p.m. Friday - Oct. - 4th - Eleanor S. - Greeter and Pat K. - Canteen

**APEX NEWCOMERS & FRIENDS CLUB
OCTOBER 2019**

BROOKRIDGE ASSISTED LIVING 312 Lynch St., Apex. Coordinator: Eleanor S.

At the October meeting I should have a list of all residents at the facility. As we have done in the past, if you would select a name, sign your name that you will get this person a gift. Sizes will be noted and any garment given must not need ironing. Gift bags will be provided.

USO Coordinator: Eleanor S.

If you have made any neck pillows, please have them to me by our November 13th meeting.

READ AND FEED SCHOOL PROGRAM Coordinator: Peg K.

A reminder to bring snacks to the Oct. meeting for the after school Read and Feed Program held at the Apex Methodist Church in downtown Apex. The program teaches English as a second language to young children. The snacks are important and are given to the children when they meet after school. Please bring individually wrapped snacks and avoid nuts, esp. peanuts, and candy. Suggestions can be cheese/crackers, raisins, gold fish, small individual bags of chips, cookies or anything that you think the kids would like. Thank you.

MANUFACTURER'S COUPONS FOR THE MILITARY Coordinator: Diane E.

Thanks for saving and clipping the manufacturers' coupons that you don't use. They are taken to Fort Bragg to be used by local and overseas military. The coupons can be up to 5 months expired for use by the military. Bring your coupons to the next monthly meeting or get in touch with Diane E.

BOX TOPS FOR EDUCATION Coordinator: Pat M.

If you buy products with a "Box Tops for Education" coupon on them, you can also clip them and bring them to our meeting. **We are now collecting the tin tabs off the top of cans. These are being collected by Durham Ronald McDonald House. Give to Cheryl B.**

ACTIVITIES

ART 101 Coordinator: Betty S.

Thurs., Oct. 3 @ 1:00 p.m. at Halle Arts Center

Sign up for this activity at the Apex Community Center, senior program, Art Club.

BOOK CLUB Coordinator: Judy L.

Oct.18 @ 1:30 p.m. at Eva Perry Library.

Our book for Oct. will be *The Last Year of the War* by Susan Meissner.

Our book for Nov. will be *Forty Autumns* by Nina Wilner

Apex Newcomers and Friends Book Club has a Facebook page-. You can just click below.

www.facebook.com/ApexNewcomersBookClub We hope you'll visit our page often and "Like" us! Any problems or suggestions can be emailed to Martha S.

BOOK EXCHANGE Coordinator: Ann S.

Check out the "box of books" at the next meeting, and bring your discarded books to share with the group. Remember you do not have to return them; you just take them, share, and enjoy. If you have found a hardcover book you really enjoyed and would like to share, feel free to bring it.

**APEX NEWCOMERS & FRIENDS CLUB
OCTOBER 2019**

PUZZLE EXCHANGE Coordinator: Ann S.

Thanks again for the puzzles. Bring in some and be sure to take some home.

BOLIVIA (Tuesday) Coordinator: Eleanor S. (Meets every other Tuesday at 1:00 pm.)

Oct. 8 - Host -Judy Ep. **Oct. 22** - Host - Gay G. **Nov. 5** - Host - Dot L.

BOLIVIA (Wednesday) Coordinator: Kate D. (Meets 1st, 3rd, & 5th Wednesday at 1:00 pm.)

Oct 2 – Host - Bette F **Oct 16** – Host: Betty S **Oct. 30** - Host: Elaine C

DINNER Coordinator: Nancy E.

Thurs., Oct 24 @ 6:30 p.m. Travina Italian Kitchen, 1301 Market Center Drive, Morrisville

Please contact Nancy no later than Tuesday before to reserve or sign up at the meeting.

GAME NIGHT Coordinator: Diane & John E.

Sat., Oct. 12 @ 7:00 p.m. Host: Bob and Judy L.

Please call if you would like to attend, if you did not sign the list at the meeting. Participants bring a dessert or appetizer and their own liquor.

LUNCH Coordinator: Sharon V.

Wed., Oct. 23 @11:30 a.m. at Wingin'It in Fuquay Varina

Hope we can have another great turnout like we did in July!

CARING & SHARING: Coordinator: Barbara F.

Please contact me if you know of anyone in the hospital or anyone who has had a death in their family, and I will send a card from the members.

HOSPITALITY Coordinator: Pat M. & Judy DiD.

If you signed up for treats for the meeting, please don't forget!

SPECIAL EVENTS Coordinator: Eileen K. & Stella T.

If anyone is interested in joining us, the sign-up sheets will be at the meetings or members can contact Stella by email, text or phone.

The following are tentative dates:

Sunday, Oct. 6, Boat Tour at Jordan Lake

Friday, Nov. 1, *John Denver Story* at Holly Springs Cultural Arts Center

Sat., Nov. 23, Agatha Christie's, *Witness for the Prosecution* at Judd Theater

Thurs., Dec. 19, Suzy Boggus, *Swingin' Little Christmas* at Fuquay Varina

Feb. 4, *Mahalia*, Barn Dinner Theater

Feb. 21, Jason Petty's, *Every Song Tells a Story* at Temple Teater

March, Goat Farm

April, Lavender Farm

May 11 - May 15, Trinity Retreat, Emerald Isle

OCTOBER BIRTHDAYS

Oct 8 Judy S

Oct 15 Linda W

Oct. 25 Janice

**APEX NEWCOMERS & FRIENDS CLUB
OCTOBER 2019**

NEXT BOARD MEETING

Wednesday, Oct 16 @ 9:30 a.m. Location: Roberta C.

IT IS YOUR RESPONSIBILITY TO CALL THE COORDINATOR IF YOU CANNOT ATTEND ANY ACTIVITY FOR WHICH YOU HAVE SIGNED UP.

IT IS YOUR RESPONSIBILITY TO CALL THE COORDINATOR IF YOU CANNOT ATTEND ANY ACTIVITY FOR WHICH YOU HAVE SIGNED UP.

INCLEMENT WEATHER POLICY

The meeting will be cancelled if the Wake County Public Schools are closed or have a delayed opening due to weather conditions.

SPONSORS

Daniels Florist, 2829 Jones Franklin Rd., Swift Creek Shopping Plaza, Raleigh, NC 27606. Phone (919) 851-1500. They will continue to supply a floral arrangement for our monthly meetings.

Apex Chamber of Commerce. We are a member of the Apex Chamber of Commerce, your one stop for Apex information. The Apex Chamber of Commerce located in the **Historic Trail Depot, at 220 North Salem Street** has the map of Apex as well as Raleigh, Durham, and North Carolina maps.

They have a calendar of events for the state as well as the town of Apex. Along with apartment guides the Apex Community Guide has a wealth of information including the history of Apex and a quick reference section with telephone numbers to everything needed to get started in Apex. Local newspapers are also available! All information at the Chamber is free! Visit their website at: www.apexchamber.com, or visit to find out more about the town you now call home.

**APEX NEWCOMERS & FRIENDS CLUB
OCTOBER 2019**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Bolivia 1:00 p.m.	3 Art 1:00pm	4 Red Cross 11:30 a.m.	5
6 Boat Tour	7	8 Bolivia 1:00 p.m.	9 Gen Mtg 9:30 a.m. Brookridge	10	11	12 Game Night 7:00 p.m.
13	14	15	16 Board Mtg. 9:30 a.m. Bolivia 1:00 p.m.	17	18 Book Club 1:30 p.m.	19
20	21	22 Bolivia 1:00 p.m.	23 Lunch 11:30 a.m.	24 Dinner 6:30pm	25	26
27	28	29	30 Bolivia 1:00 p.m.	31		

**APEX NEWCOMERS & FRIENDS CLUB
NOVEMBER 2019**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Red Cross 11:30 a.m. <i>John Denver Story</i>	2
3	4	5 Bolivia 1:00 p.m.	6 Bolivia 1:00 p.m.	7 Art 1:00 p.m.	8	9
10	11	12	13 Gen. Mtg 9:30 a.m. Brookridge	14	15 Book Club 1:30 p.m.	16