

## **APEX NEWCOMERS & FRIENDS CLUB**

**P.O. Box 1164**

**Apex, NC 27502**

[www.apexnewcomers.org](http://www.apexnewcomers.org)

**OCTOBER 2017**

Apex Newcomers & Friends Club (ANFC) is a not-for-profit social organization. ANFC promotes interest in local, civic, cultural, and service programs. General Meetings are the 2<sup>nd</sup> Wednesday of each month (September through May) at the C. C. Jones Building, 309 Holleman Street, Apex, at 9:30 a.m. Prospective members are welcome to try 2 visits to any function before joining. The annual non-refundable dues are \$25.00 per year plus a donation of \$2.00 at each meeting to help defray the cost of hospitality and building use. An additional fee of \$7.50 will be charged for those people requesting a copy of the newsletter be mailed to them. **SPECIAL:** Bring a friend to the general meeting and receive 2 entries into the door prize drawing!

### **PRESIDENT'S MESSAGE**

Can you believe Fall is here? Then it's time for Halloween, Thanksgiving and Christmas. The time just flies. I think I must be getting old! LOL I have really been enjoying the wonderful weather. I think summer is trying to hang on and fall is trying to take over.

This month Bette F. has a great guest speaker from the office of SHIIP (Seniors' Health Insurance Information Program). You don't want to miss this. There will be a ton of good information for all of us.

Please don't forget the different committees that need your help this month, such as "After School Reading Program", "Western Wake Crisis Ministry", "Red Cross", etc.

We now have 73 members. Welcome to our new guests and members.

Please remember our members and family members that have been in the hospital. We hope they are all healing quickly and will be back with us soon.

I look forward to seeing everyone at our next meeting on October 11th.

Pat Hopper  
President

**PROGRAMS** Coordinator: Bette F.

Location: CC Jones Bldg, 309 Holleman St., Apex

**Next meeting Oct. 11<sup>th</sup> @ 9:30 A.M. General Meeting. Speaker: Rep. from SHIIP, Seniors Health Insurance Information Program.** She will speak about Medicare and health insurance options.

**Please bring snacks for the Reading Program to this meeting. (See below)**

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### **AFTER SCHOOL READING PROGRAM** Coordinator: Peg K.

We will continue to collect snacks for the after school reading program held at Apex United Methodist Church. This program has really appreciated our donations in the past and was very grateful that we will continue to do so. Please be generous and bring your snacks to the **Oct. Meeting**. Individually wrapped snacks are needed. (No bulk items). Ideas: dried fruit such as raisins, cheese crackers, popcorn, cereal bars, etc. ...**Avoid peanuts**. The children need the snacks and we can help. Thanks

### **AUCTION** Coordinators: Roberta C., June Q

The auction will take place at our April meeting, Apr. 11, 2018. Please plan or start any craft items that we can auction off.

### **PHOTOGRAPHY** Coordinator: Jean G.

Jean G. asks anyone who is at a function where she is not in attendance to feel free to take pictures.

### **SCRAPBOOKING** Coordinator: Jean G.

### **MEMBERSHIP** Coordinators: Susan A. & Shirley M.

We have 73 registered members. Directories will be available for pickup at the November meeting

### **COMMUNITY OUTREACH**

#### **Western Wake Crisis Ministry** Coordinator: Judy M.

I took 35 pounds of food and \$30 to WWCM. For October WWCM is in need of canned meats but no tuna, canned beans but no black beans, jelly, toothpaste, deodorant, laundry detergent and dishwashing detergent, rice, dried beans, dried cereal but not oatmeal, and ramen noodles. Thank you.

#### **Red Cross** Coordinator: Eleanor S. **Hours are 10:30 A.M. TO 3:00 or 3:30 P.M. (Canteen finishes at 3:30 P.M.) I will try to simplify submission of application as soon as possible for new volunteers.**

#### **VOLUNTEERS ARE ALWAYS NEEDED**

Our Newcomers & Friends Club provides 2 volunteers on the first Friday of each month to work as a Greeter or in the Canteen at the Cary Blood Center, 3700 Regency Parkway. You need to complete an application before volunteering the first time. New volunteers are asked to establish an Id on line. Specific instructions are provided under the sign-up sheet. Blood donors are always needed. Walk-ins are accepted. I have been reminded to please be sure you fill out an attendance sheet every time you work. Book and blank sheets are at the Greeter's desk. Volunteers will be needed for the upcoming year. If interested in becoming a volunteer, please see me for application directions.

**Friday Oct. 6<sup>th</sup>**

**Greeter: Shirley Mc.**

**Canteen: Stella T.**

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### **BROOKRIDGE ASSISTED LIVING 312 Lynch St., Apex. Coordinator: Eleanor S.**

We will continue to visit Brookridge on the second Wednesday of each month at 3:00 PM. Anyone interested, please call Eleanor for directions. Keep the sundry items coming. They really appreciate them. I will have a list of names for Christmas gifts. Gifts will be delivered after our December meeting. Any items donated must not need ironing.

### **USO Coordinator: Eleanor S.**

**NECK PILLOWS: IF YOU HAVE ANY NECK PILLOWS, PLEASE GET THEM TO ELEANOR BY NOVEMBER 16TH.** We will deliver them to the USO that week.

### **MANUFACTURER'S COUPONS FOR THE MILITARY Coordinator: Diane E.**

Thanks to all that have participated in collecting manufacturer's coupons for the military (they accept them up to 5 months expired). We will continue participating in this program, so get your scissors out and bring any coupons that you can't use to our monthly meeting.

### **BOX TOPS FOR EDUCATION Coordinator: Pat M.**

If you buy products with a "Box Tops for Education" coupon on them, you can also clip them and bring them to our meeting.

## **ACTIVITIES**

### **ART 101 Coordinator: Betty S.**

**Thurs., Oct. 5<sup>th</sup> @ 1:00 p.m.** at Halle Cultural Arts Center.

### **BOOK CLUB Coordinators: Martha S. and Judy L.**

**Friday, Oct. 27<sup>th</sup> at Cambridge Village of Apex @ 1:30 p.m.** in the lounge.

Book for Oct. discussion is *The Other Einstein* by Marie Benedict recommended by Judy L.

Book for Nov. discussion is *The Secret Chord* by Geraldine Brooks recommended by Martha S.

The Apex Newcomers and Friends Book Club has a Facebook page. You can just click below.

[www.facebook.com/ApexNewcomersBookClub](http://www.facebook.com/ApexNewcomersBookClub) We hope you'll visit our page often and "Like" us! Any problems or suggestions can be emailed to Martha S.

### **BOOK EXCHANGE Coordinator: Miriam M.**

Check out the "box of books" at the next meeting, and bring your discarded books to share with the group. Remember, you do not have to return them; you just take them, share, and enjoy. If you have found a hardcover book you really enjoyed and would like to share, feel free to bring it.

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### **PUZZLE EXCHANGE** Coordinator: Judy M.

Thank you all for bringing in new puzzles. Hope you are all enjoying them.  
It will soon be time to enjoy them more.

### **BOLIVIA (Tuesday)** Coordinator: Eleanor S. (Meets every other Tuesday at 1:00 pm.)

**Oct. 10<sup>th</sup>** – Host: Eleanor S.    **Oct. 24<sup>th</sup>** –Host: Ann T.    **Nov. 7<sup>th</sup>** –Host: Carolyn C.

### **BOLIVIA (Wednesday)** Coordinator: Kate D. (Meets 1<sup>st</sup>, 3<sup>rd</sup>, & 5<sup>th</sup> Wednesday at 1:00 pm.)

**Oct. 4<sup>th</sup>** – Host – Bette F.    **Oct. 18<sup>th</sup>** – Host – Betty S.

### **DINNER** Coordinator: Nancy E.

**Thursday, Oct. 26<sup>th</sup> @ 6:30 p.m.:** Chef's Palette, Kildaire Farm Rd, Cary

Please reserve with Nancy no later than Tuesday, Oct. 24<sup>th</sup>.

### **GAME NIGHT** Coordinator: Judy M.

**Saturday, Oct. 28<sup>th</sup> @ 7:00 p.m.** Host: Judy & Bob L.

The sign up sheet will be at the meeting. Participants bring their own drinks and an appetizer or dessert. We always have a great time. Please let me know if you are willing to host game night and think about hosting for Christmas.

### **LUNCH** Coordinator: Sharon V.

**Wednesday, Oct. 25<sup>th</sup> @ 11:30 a.m. at Wingin'it Bar and Grill**, 1625 N. Main St., Fuquay-Varina

This is the restaurant Eileen's granddaughter and grandson have and have heard great things about it. Please join us if you can.

### **CARING & SHARING** Coordinator: Kate D.

Please contact Kate if you know of anyone in the hospital or anyone who has had a death in their family, and she will send a card from the members.

### **HOSPITALITY** Coordinators: Pat K. & Roberta C.

**People signed up to bring snacks for the Oct. meeting are:**

Judy M, Stella T, Bette F, Shirley McI, Betty S, Sharon V, Nancy E, and Eileen K. Thanks in advance to all for the goodies.

### **SPECIAL EVENTS** Coordinator: Eileen K.

**Oct. 28<sup>th</sup> @ 2 p.m. Garner Performing Arts, *Over the River and Through the Woods*** by Joe DiPietro

Nick is a single, Italian-American guy from New Jersey. His parents retired and moved to Florida. He goes to his grandparents every Sunday for dinner. He gets the offer of marketing executive in Seattle. Thus begins a series of schemes to keep Nick around. Tickets \$12. Please call Eileen for reservations. I only have 20 tickets.

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**SPECIAL EVENTS** Coordinator: Eileen K.

**Nov. 15<sup>th</sup> @ Rudy Theater, Selma.** *A Christmas to Remember*, by Janet Paschal, Grammy Award Winning Artist . Tickets \$23.50. Evening performance, details to follow, sign up now, limited tickets.

**SPECIAL EVENTS** Coordinator: Eileen K.

**Trinity Center May 2018.** Call Eileen to reserve for next year.

### **OCTOBER BIRTHDAYS**

8 Judy S

13 Debbie J

15 Linda W

21 Allan G

### **NEXT BOARD MEETING**

**Wednesday, Oct. 18<sup>th</sup> @9:30 a.m.** Location: TBA

**IT IS YOUR RESPONSIBILITY TO CALL THE COORDINATOR IF YOU CANNOT ATTEND ANY ACTIVITY FOR WHICH YOU HAVE SIGNED UP.**

### **INCLEMENT WEATHER POLICY**

The meeting will be cancelled if the Wake County Public Schools are closed or have a delayed opening due to weather conditions.

### **SPONSORS**

***Daniels Florist, 2829 Jones Franklin Rd., Swift Creek Shopping Plaza, Raleigh, NC 27606. Phone (919) 851-1500.*** They will continue to supply a floral arrangement for our monthly meetings.

***Apex Chamber of Commerce.*** We are a member of the Apex Chamber of Commerce, your one stop for Apex information. The Apex Chamber of Commerce located in the **Historic Trail Depot**, at **220 North Salem Street** has the map of Apex as well as Raleigh, Durham, and North Carolina maps.

They have a calendar of events for the state as well as the town of Apex. Along with apartment guides the Apex Community Guide has a wealth of information including the history of Apex and a quick reference section with telephone numbers to everything needed to get started in Apex. Local newspapers are also available! All information at the Chamber is free! Visit their website at: [www.apexchamber.com](http://www.apexchamber.com), or visit to find out more about the town you now call home.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Bolivia 1:00 p.m.	5 Art 1:00 p.m.	6 Red Cross 10:30 a.m.	7
8	9	10 Bolivia 1:00 p.m.	11 Gen. Mtg. 9:30 a.m. Brookridge	12	13	14
15	16	17	18 Board Mtg. 9:30 a.m. Bolivia 1:00 p.m.	19	20	21
22	23	24 Bolivia 1:00 p.m.	25 Lunch 11:30 p.m.	26 Dinner 6:30 p.m.	27 Book Club 1:30 p.m.	28 Garner Perf. Arts 2 p.m. Game Night 7:00 p.m.
29	30	31				

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Boliva 1:00 p.m.	2 Art 1:00 p.m.	3 Red Cross 10:30 a.m.	4
5	6	7 Bolivia 1:00 p.m.	8 Gen Mtg. 9:30 a.m. Brookridge	9	10	11
12	13	14	15 Board Mtg. 9:30 a.m. Bolivia 1:00 p.m. Selma Theater			