

## **APEX NEWCOMERS & FRIENDS CLUB**

**P.O. Box 1164**

**Apex, NC 27502**

[www.apexnewcomers.org](http://www.apexnewcomers.org)

**OCTOBER 2016**

Apex Newcomers & Friends Club (ANFC) is a not-for-profit social organization. ANFC promotes interest in local, civic, cultural, and service programs. General Meetings are the 2<sup>nd</sup> Wednesday of each month (September through May) at the C. C. Jones Building, 309 Holleman Street, Apex, at 9:30 a.m. Prospective members are welcome to try 2 visits to any function before joining. The annual non-refundable dues are \$25.00 per year plus a donation of \$2.00 at each meeting to help defray the cost of hospitality and building use. An additional fee of \$7.50 will be charged for those people requesting a copy of the newsletter be mailed to them. **SPECIAL:** Bring a friend to the general meeting and receive 2 entries into the door prize drawing!

### **PRESIDENT'S MESSAGE**

That spooky time of year is almost upon us. With it comes cooler weather and colorful leaves. But I am looking forward to March when we celebrate our 20<sup>th</sup> year anniversary. At our September meeting the membership voted to have the club fund a luncheon. Bette F. and her committee have already begun planning for a lovely event.

This month our guest speaker will be J.C. Knowles. He is our Town Historian. I, for one, am excited to learn more about the best place to live in the country.

Please don't forget we will be supporting the Read and Feed program this month. You can read more about it below in Peg's report. Thank you in advance for your contributions.

I'll see you at the meeting if not before.

As ever,  
Susan A.  
President

**PROGRAMS** Coordinator: Roberta C.

Location: CC Jones Bldg, 309 Holleman St., Apex

**Next meeting Oct. 12<sup>th</sup> @ 9:30 A.M.** J.C. Knowles, Apex Historian will be speaking to us about some history of Apex. Hopefully everyone will come to hear his interesting stories.

**READ & FEED PROJECT:** Coordinator: Peg K.

**Just a reminder that we will collect snacks for the after school reading program this month and not in December. This will better serve their program needs. It will also help us, since we have several other obligations in December. Please select individually wrapped items. Avoid peanuts.**

## APEX NEWCOMERS & FRIENDS CLUB

[www.apexnewcomers.org](http://www.apexnewcomers.org)

OCTOBER 2016

### **SAVE THE DATE - MARCH 8, 2017**

#### **APEX NEWCOMERS 20<sup>TH</sup> ANNIVERSARY** Coordinator: Bette F.

Apex Newcomers and Friends Club will celebrate their **20th Anniversary** with many surprises!!! Details will follow in the coming months. A committee is in place, and is working to make this a wonderful celebration. A vote for the club to fund a luncheon was taken at the September meeting and was unanimously approved.

#### **PHOTOGRAPHY** Coordinator: Linda W.

Linda W. asks anyone who is at a function where she is not in attendance to feel free to take pictures.

#### **SCRAPBOOKING:** Coordinator: Gerry W.

#### **MEMBERSHIP** – Coordinators: Frances H. & Shirley M.

As of this writing we have 63 registered members. Directories will be available for pickup at the November meeting.

### **COMMUNITY OUTREACH**

#### **Western Wake Crisis Ministry:** Coordinator: Judy M.

Yesterday I took our money and food to the new Food Center. It is so beautiful and will meet so many needs. We had \$10.00 in money and 17.5 pounds of food. Thank you all for all that you do. Please bring food and money or checks to the next meeting and it will go to the new WWCM.

#### **Red Cross:** Coordinator: Eleanor S. **Hours are 10 A.M. TO 12:30 P.M.**

#### **VOLUNTEERS ARE ALWAYS NEEDED**

Our Newcomers & Friends Club provides 2 volunteers on the first Friday of each month to work as a Greeter or in the Canteen at the Cary Blood Center, 3700 Regency Parkway. You need to complete an application before volunteering the first time. These forms will be on the table to sign during the general meeting. Blood donors are always needed. Walk-ins are accepted. I have been reminded to please be sure you fill out an attendance sheet every time you work. Book and blank sheets are at the Greeter's desk.

**Friday, Oct. 7<sup>th</sup>**      **Canteen:** Betty S.      **Greeter:** Kate D.

#### **BROOKRIDGE ASSISTED LIVING:** 312 Lynch St., Apex. Coordinator: Eleanor S.

Meet 2nd Wednesday of the month at 3 PM. We made our visits during the summer months. They look forward to seeing us and receiving those "small" toiletries. I still collect them all but could use some help with items for men: such as, deodorants, baseball hats and after shave.

#### **USO:** Coordinator: Eleanor S.

Reminder for those making neck pillow for the troops. Pillows will be delivered to the USO the week of Nov. 14<sup>th</sup>. This will enable the pillows to be available when the troops arrive for the Thanksgiving holiday.

## APEX NEWCOMERS & FRIENDS CLUB

[www.apexnewcomers.org](http://www.apexnewcomers.org)

OCTOBER 2016

### **MANUFACTURER'S COUPONS FOR THE MILITARY:** Coordinator: Diane E.

Thanks to all that have participated in collecting manufacturer's coupons for the military (they accept them up to 5 months expired). A special thanks to those who have been clipping during the summer. We will continue participating in this program, so get your scissors out and bring any coupons that you can't use to our monthly meeting.

### **BOX TOPS FOR EDUCATION:** Coordinator: Pat M.

If you buy products with a "Box Tops for Education" coupon on them, you can also clip them and bring them to our meeting.

### **READ & FEED PROJECT:** Coordinator: Peg K.

Just a reminder that we will collect snacks for the after school reading program this month and not in December. This will better serve their program needs. It will also help us, since we have several other obligations in December. Please select individually wrapped items. Avoid peanuts.

## **ACTIVITIES**

### **ART 101:** Coordinator: Betty S.

**Thurs. Oct. 6<sup>th</sup> @ 1:00 p.m.** at Halle Cultural Arts Center. For all new artists, do not feel intimidated, believe us, we are out to have fun, relaxation and lots of laughs! We will be dabbling in watercolors, so just bring yourselves, we will have supplies if needed.

### **BOOK CLUB:** Coordinators: Martha S. and Judy L.

**Fri., Oct. 21<sup>st</sup> @ 1:30 pm. till 3:00 pm.** at Cambridge Village.

We will be reading *Inside the O'Briens* by Lisa Genova.

The Apex Newcomers and Friends Book Club has a Facebook page. You can just click below.

[www.facebook.com/ApexNewcomersBookClub](https://www.facebook.com/ApexNewcomersBookClub)

We hope you'll visit our page often and "Like" us! Any problems or suggestions can be emailed to Martha S.

### **BOOK EXCHANGE** Coordinator: Miriam M.

Check out the "box of books" at the next meeting, and bring your discarded books to share with the group. Remember, you do not have to return them; you just take them, share, and enjoy. If you have found a hardcover book you really enjoyed and would like to share, feel free to bring it.

### **PUZZLE EXCHANGE** Coordinator: Judy M.

Please bring puzzles with all of the pieces to share and to pass along to other members. I will place them next to the books. We do not have many left at this point. We can start again this fall.

## **APEX NEWCOMERS & FRIENDS CLUB**

[www.apexnewcomers.org](http://www.apexnewcomers.org)

### **OCTOBER 2016**

**BOLIVIA (Tuesday)** Coordinator: Eleanor S. (Meets every other Tuesday at 1:00 pm.)

**Oct. 11<sup>th</sup>** – Host: Nancy P.     **Oct. 25<sup>th</sup>** - Host: Anne G.     **Nov. 8<sup>th</sup>** – Host: Carolyn C.

**BOLIVIA (Wednesday)** Coordinator: Kate D. (Meets 1<sup>st</sup>, 3<sup>rd</sup>, & 5<sup>th</sup> Wednesday at 1:00 pm.)

**Oct. 5<sup>th</sup>** – Host: Judy L.     **Oct. 19<sup>th</sup>** - Host: Barbara C.

**BREAKFAST** Coordinator: Georgiana F. & Barbara C.

**Monday, Oct. 17<sup>th</sup>** @10:00 am. @ Cracker Barrel, Airport Road, Morrisville

**DINNER** Coordinator: Nancy E.

Dinners will resume in October. Location TBA at the meeting. Please reserve no later than the Tuesday before the dinner.

**GAME NIGHT** Coordinator: Judy Ep.

**Saturday, Oct. 22<sup>nd</sup>** @ 7:00 p.m. Host: Diane & John E.

Participants bring their own drinks and an appetizer or dessert. If you sign up and are unable to come, please call the host to cancel.

**THE HEALTHY LIVING SUPPORT GROUP** Coordinators: Susan A. & Judy M.

**Tuesday, Oct. 4<sup>th</sup>** @ 1:15 p.m.

Ongoing discussion on healthy food, exercise, etc. Please call if you plan to attend.

**LUNCH** Coordinator: Sharon V.

**Tuesday, Oct. 25<sup>th</sup>**, @11:30 a.m. @ MacGregor's Draft House, MacGregor Village, 107 Edinburgh S Dr., Cary.

**CARING & SHARING** Coordinator: Shirley H.

Please contact Shirley if you know of anyone in the hospital or has had a death in their family, and she will send a card from the members

**HOSPITALITY** Coordinator: Connie L. & Diane E.

**Just a Reminder:** the following have signed up to bring something to eat to the October meeting: Kate D., Anne S., Bette F., Fran H., Diane E., Connie L. and Susan A.

### **OCTOBER BIRTHDAYS**

Oct. 8 – Judy S.     Oct. 15 – Linda W.     Oct. 21 – Jean G.

### **NEXT BOARD MEETING**

**Wednesday, Oct. 19<sup>th</sup>**, @ 9:30 a.m. Location: Villages of Apex Club House

## APEX NEWCOMERS & FRIENDS CLUB

[www.apexnewcomers.org](http://www.apexnewcomers.org)

OCTOBER 2016

**IT IS YOUR RESPONSIBILITY TO CALL THE COORDINATOR IF YOU CANNOT ATTEND ANY ACTIVITY FOR WHICH YOU HAVE SIGNED UP.**

### **INCLEMENT WEATHER POLICY**

The meeting will be cancelled if the Wake County Public Schools are closed or have a delayed opening due to weather conditions.

### **SPONSORS**

***Daniels Florist*, 2829 Jones Franklin Rd., Swift Creek Shopping Plaza, Raleigh, NC 27606. Phone (919) 851-1500.** They will continue to supply a floral arrangement for our monthly meetings.

***Apex Chamber of Commerce.*** We are a member of the Apex Chamber of Commerce, your one stop for Apex information. The Apex Chamber of Commerce located in the **Historic Trail Depot**, at **220 North Salem Street** has the map of Apex as well as Raleigh, Durham, and North Carolina maps. They have a calendar of events for the state as well as the town of Apex. Along with apartment guides the Apex Community Guide has a wealth of information including the history of Apex and a quick reference section with telephone numbers to everything needed to get started in Apex. Local newspapers are also available! All information at the Chamber is free! Visit their website at: [www.apexchamber.com](http://www.apexchamber.com), or visit to find out more about the town you now call home.

**APEX NEWCOMERS & FRIENDS CLUB  
OCTOBER 2016**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Healthy Living 1:15 p.m.	5 Bolivia 1:00 p.m.	6 Art 101 1:00 p.m.	7 Red Cross	8
9	10	11 Bolivia 1:00 p.m.	12 Gen. Mtg. 9:30 a.m. Brookridge 3:00 p.m.	13	14	15
16	17 Breakfast 10 a.m.	18	19 Bd Mtg 9:30 a.m. Bolivia 1:00	20	21 Book Club 1:30 p.m.	22 Game Night 7:00 p.m.
23 ----- 30	24 ----- 31	25 Lunch 11:30 a.m. Bolivia 1:00 p.m.	26	27	28	29

**APEX NEWCOMERS & FRIENDS CLUB  
NOVEMBER 2016**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Bolivia 1:00 p.m.	3 Art 1:00 p.m.	4 Red Cross	5
6	7	8 Bolivia 1:00 p.m.	9 Gen. Mtg. 9:30 a.m. Brookridge 3:00 p.m.	10	11	12
13	14	15	16 Bolivia 1:00 p.m.			