

APEX NEWCOMERS & FRIENDS CLUB

www.apexnewcomers.org

SEPTEMBER 2016

Apex Newcomers & Friends Club (ANFC) is a not-for-profit social organization. ANFC promotes interest in local, civic, cultural, and service programs. General Meetings are the 2nd Wednesday of each month (September through May) at the C. C. Jones Building, 309 Holleman Street, Apex, at 9:30 a.m. Prospective members are welcome to try 2 visits to any function before joining. The annual non-refundable dues are \$25.00 per year plus a donation of \$2.00 at each meeting to help defray the cost of hospitality and building use. An additional fee of \$7.50 will be charged for those people requesting a copy of the newsletter be mailed to them. SPECIAL: Bring a friend to the general meeting and receive 2 entries into the door prize drawing!

PRESIDENT'S MESSAGE

Happy ? End of Summer !

Assignment: How I spent my summer vacation. Wow. Did I ever have a great one. My daughter and I visited my sister in the UK. She and her husband temporarily live in Chichester while he is on assignment with his company. In two weeks we saw two countries, three castles, two sites of Roman ruins (43 BC - about 450 AD), spent 3 days in London, saw two plays, rode the hop on hop off bus, rode the Eye, took a boat ride down the Thames, went to Harrod's and Selfridge's, went to several art museums and The British Museum, ate delicious food (Thai, Indian, Nepalese, Turkish, Italian, and wonderful pub food), and drank a few or more pints. It was a fabulous trip. Then we returned to the heat. Need I say more.

So here we are just about ready to start our new year, the 20th year for Apex Newcomers and Friends. We are hoping to have a big celebration. A planning committee has been working on that. You will hear more about it at our first meeting. We have several interesting speakers lined up and Eileen is back to planning day trips. We know those will be terrific. If you have any ideas make sure you share them with her.

I have a couple of reminders for all of you. Please, please read your newsletter so you will know what's happening each moth. AFNC dues are \$2 every month. I try to keep several singles handy for this purpose. Our weather policy follows Apex school district. If schools are closed because of inclement weather, we don't have a meeting. I will remind you of this from time to time.

This will be my second year as your president. I have learned some of my strengths and weaknesses in this job and feel better able to serve you this year. Thank you all for your continued support. I look forward to working for you.

As ever,
Susan A.
President

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PROGRAMS Coordinator: Roberta C.

Location: CC Jones Bldg, 309 Holleman St., Apex

Next meeting Sept. 14th @ 9:30 A.M. Our own member, Terry Foskett will be speaking about his experiences as bursar for many years on Cunard Cruise Line. This will be a short presentation as the "Senior Health Fair" which will end at noon is taking place at the same time as our meeting. We are hoping that you will be able to get over there for the last hour.

It would be greatly appreciated if those whose last names begin A-L will bring a goody to share for the meeting.

SAVE THE DATE - MARCH 8, 2017

APEX NEWCOMERS 20TH ANNIVERSARY Coordinator: Bette F.

Apex Newcomers and Friends Club will celebrate their **20th Anniversary** with many surprises!!! Details will follow in the coming months. A committee is in place, and is working to make this a wonderful celebration.

PHOTOGRAPHY Coordinator: Linda W.

Linda W. asks anyone who is at a function where she is not in attendance to feel free to take pictures.

SCRAPBOOKING: Coordinator: Gerry W.

MEMBERSHIP – Coordinators: Frances H. & Shirley M.

The registration fee is \$25.00. You can print out a registration form from the website or pick one up at the membership table prior to the meeting. The 2016-2017 directories will be printed by the end of September. Only registered member information will be in the directory. Please be sure to review your emergency contact information on the registration form. Notate any needed changes. It is important that the club has current information in the event of an emergency at one of our meetings or outings.

COMMUNITY OUTREACH

Western Wake Crisis Ministry: Coordinator: Judy M.

Hope you have had a wonderful summer. We will be collecting food or money for Western Wake Crisis Ministry at the September meeting as has been done in the past. Ann Nardi said that they could use **Chef Boyardee canned products and macaroni and cheese**. What you have all brought in has always been needed and appreciated and I thank you very much. They may also be moving soon. Will keep you posted. We do not have many left at this point. We can start again this fall.

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Red Cross: Coordinator: Eleanor S. **Hours are 10 A.M. TO 12:30 P.M.**

VOLUNTEERS ARE ALWAYS NEEDED

Our Newcomers & Friends Club provides 2 volunteers on the first Friday of each month to work as a Greeter or in the Canteen at the Cary Blood Center, 3700 Regency Parkway. You need to complete an application before volunteering the first time. These forms will be on the table to sign during the general meeting.

Blood donors are always needed. Walk-ins are accepted. I have been reminded to please be sure you fill out an attendance sheet every time you work. Book and blank sheets are at the Greeter's desk.

Friday, Sept.2nd

Canteen: Carolyn C.

Greeter: Eleanor S.

BROOKRIDGE ASSISTED LIVING: 312 Lynch St., Apex. Coordinator: Eleanor S.

Meet third Wednesday of the month at 3 PM. We made our visits during the summer months. They look forward to seeing us and receiving those "small" toiletries. I still collect them all but could use some help with items for men: such as, deodorants, baseball hats and after shave.

USO: Coordinator: Eleanor S.

Just a gentle reminder that we will be doing neck pillows for our fellow service people. I hope to deliver them in November before Thanksgiving. Any new people who are interested, I have the pattern. They are so easy to make.

MANUFACTURER'S COUPONS FOR THE MILITARY: Coordinator: Diane E.

Thanks to all that have participated in collecting manufacturer's coupons for the military (they accept them up to 5 months expired). A special thanks to those who have been clipping during the summer. We will continue participating in this program, so get your scissors out and bring any coupons that you can't use to our monthly meeting.

BOX TOPS FOR EDUCATION: Coordinator: Pat M.

If you buy products with a "Box Tops for Education" coupon on them, you can also clip them and bring them to our meeting.

READ & FEED PROJECT: Coordinator: Peg K.

Just a reminder that we will collect snacks for the after school reading program in October and not in December. This will better serve their program needs. It will also help us, since we have several other obligations in December.

ACTIVITIES

ART 101: Coordinator: Betty S.

Thurs. Sept. 15th @ 1:00 p.m. at Halle Cultural Arts Center. For all new artists, do not feel intimidated, believe us, we are out to have fun, relaxation and lots of laughs! We will be dabbling in watercolors, so just bring yourselves, we will have supplies if needed.

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BOOK CLUB: Coordinators: Martha S. and Judy L.
Fri., Sept. 16th, @ 1:30 pm. till 3:00 pm. at Cambridge Village.
We will be reading *The Boys in the Boat* by Daniel James Brown.

BOOK GROUP SELECTIONS 2016-2017

Sept. *Boys in the Boat* by Daniel James Brown (Recommended by Steve)
Oct. *Inside the O'Brien's* by Lisa Genova (Martha)
Nov. *Polish Officer* by Alan Furst (Barbara)
Dec. Any biography of your choice
Jan. *Summer Before the War* by Helen Simonson (Steve & Eleanor)
Feb. *Everybody's Fool* by Richard Russo (Barbara)
Mar. *A Man Called Ove* by Fredrick Backman (Martha)
Apr. *Case Histories* by Kate Atkinson (Linda)
May *Christine Falls* by Benjamin Black (Barbara)

The Apex Newcomers and Friends Book Club has a Facebook page. You can just click below.

www.facebook.com/ApexNewcomersBookClub

We hope you'll visit our page often and "Like" us! Any problems or suggestions can be emailed to Martha S. at msingle17@gmail.com

BOOK EXCHANGE Coordinator: Miriam M.

Check out the "box of books" at the next meeting, and bring your discarded books to share with the group. Remember, you do not have to return them; you just take them, share, and enjoy. If you have found a hardcover book you really enjoyed and would like to share, feel free to bring it.

PUZZLE EXCHANGE Coordinator: Judy M.

Please bring puzzles with all of the pieces to share and to pass along to other members. I will place them next to the books. We do not have many left at this point. We can start again this fall.

BOLIVIA (Tuesday) Coordinator: Eleanor S. (Meets every other Tuesday at 1:00 pm.)

Sept. 13th – Host: Ann G. Sept. 27th - Host: Dot L.

BOLIVIA (Wednesday) Coordinator: Kate D. (Meets 1st, 3rd, & 5th Wednesday at 1:00 pm.)

Sept. 7th – Host: Kate D. Sept. 21st - Host: Esther T.

BREAKFAST Coordinator: Georgiana F. & Barbara C.

Monday, Sept. 19th @10:00 am. Briggs Restaurant, 1225 NW Maynard Rd., Cary

DINNER Coordinator: Nancy E.

Dinners will resume in October.

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GAME NIGHT Coordinator: Judy Ep.

Saturday, Sept. 17th @ 7:00 p.m. Host: Judy Ep.

Participants bring their own drinks and an appetizer or dessert. If you sign up and are unable to come, please call the host to cancel. Sign up sheet will be out at the meeting for people on what month they would like to host. You may choose the exact date the month before to put in the newsletter. It worked very well last year. I thank everyone that was hostess last year.

THE HEALTHY LIVING SUPPORT GROUP Coordinators: Susan A. & Judy M.

Tuesday, Sept. 6th @ 1:15 p.m. Host: Judy M.

Ongoing discussion on healthy food, exercise, etc. Please call if you plan to attend.

LUNCH Coordinator: Sharon V.

Tuesday, Sept. 27th, @ 11:30 a.m. @ Daniel's, 1430 W. Williams St., Apex

SPECIAL EVENTS Coordinator for this event:

CARING & SHARING Coordinator: Shirley H.

Please contact Shirley if you know of anyone in the hospital or has had a death in their family, and she will send a card from the members

HOSPITALITY Coordinator: Connie L. & Diane E.

JUST A REMINDER ...

All members whose last names begin with **A** through **L** are asked to bring a refreshment to the **September 14th** meeting. Thank you for your support.

SEPTEMBER BIRTHDAYS

Sept 3 - Jeanne B **Sept 5** - Sarah F **Sept 10** - Pat E

Sept 10 - Joanne F **Sept 11** - Patricia K. **Sept 17** - Joan V **Sept 19** - Roberta C **Sept 19** - Steve H

Sept 22 - Elaine C **Sept 24-** Janet M **Sept 24** - Billie S **Sept 25** – Pat M. **Sept 25** - Alice V

NEXT BOARD MEETING

Wednesday, Sept. 21st, @ 9:30 a.m. Location: Villages of Apex Club House

IT IS YOUR RESPONSIBILITY TO CALL THE COORDINATOR IF YOU CANNOT ATTEND ANY ACTIVITY FOR WHICH YOU HAVE SIGNED UP.

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INCLEMENT WEATHER POLICY

The meeting will be cancelled if the Wake County Public Schools are closed or have a delayed opening due to weather conditions.

SPONSORS

Daniels Florist, 2829 Jones Franklin Rd., Swift Creek Shopping Plaza, Raleigh, NC 27606. Phone (919) 851-1500. They will continue to supply a floral arrangement for our monthly meetings.

Apex Chamber of Commerce. We are a member of the Apex Chamber of Commerce, your one stop for Apex information. The Apex Chamber of Commerce located in the **Historic Trail Depot**, at **220 North Salem Street** has the map of Apex as well as Raleigh, Durham, and North Carolina maps. They have a calendar of events for the state as well as the town of Apex. Along with apartment guides the Apex Community Guide has a wealth of information including the history of Apex and a quick reference section with telephone numbers to everything needed to get started in Apex. Local newspapers are also available! All information at the Chamber is free! Visit their website at: www.apexchamber.com, or visit to find out more about the town you now call home.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Red Cross 10 a.m.	3
4	5	6 Healthy Living 1:15 p.m.	7 Bolivia 1:00 p.m.	8	9	10
11	12	13 Bolivia 1:00 p.m.	14 Gen. Mtg. 9:30 a.m.	15 Art 101 1:00 p.m.	16 Book Club 1:30 p.m.	17 Game Night 7:00 p.m.
18	19 Breakfast 10 a.m.	20	21 Bd Mtg 9:30 a.m. Bolivia 1:00 Brookridge 3:00 p.m.	22	23	24
25	26	27 Lunch 11:30 a.m. Bolivia 1:00 p.m.	28	29	30	

**APEX NEWCOMERS & FRIENDS CLUB
OCTOBER 2016**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 Bolivia 1:00 p.m.	6 Art 101 1:00 p.m.	7 Red Cross	8
9	10	11	12 Gen. Mtg 9:30 a.m.			